IMPACT: International Journal of Research in Humanities, Arts and Literature (IMPACT: IJRHAL) ISSN (P): 2347–4564; ISSN (E): 2321–8878 Vol. 6, Issue 3, Mar 2018, 323–326 © Impact Journals

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A STUDY ON THE MENTAL HEALTH OF HIGHER SECONDARY SCHOOL STUDENTS IN CHENNAI DISTRICT

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Received: 21 Mar 2018 Accepted: 26 Mar 2018 Published: 31 Mar 2018

ABSTRACT

The present investigation was under taken for higher secondary school students studying in 11th Standard. Mental Health is essential for long term success and wellbeing. Survey method is applied in this study. Investigator has used simple random sampling technique and mean, S.D., t value were computed for gender and locality of the school of the students. The findings of the study are, there is no significant difference between mean scores of mental health of gender and locality of the school students of higher secondary school.

KEYWORDS: Mental Health, Higher Secondary Students